

## Out of Your Mind and On To the Page: Art Journaling for the Fearful with Nancy Hays Hills

**Skill Level:** All levels.

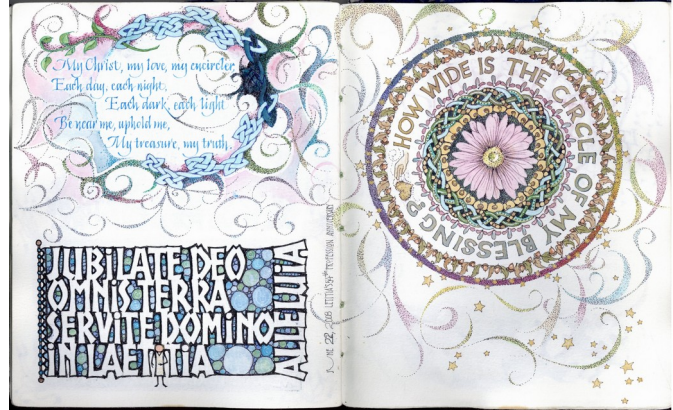
### Registration Opens:

- **Members:** Registration opens on Wednesday, November 1
- **Non-Members:** Registration opens on Friday, December 1

**Where:** This workshop will be held online via Zoom.

**When:** Four Saturday afternoons: January 20, 27 and February 3, 10, 2024 from 1:00 pm to 4:00 pm Eastern Time.

**MEMBER Fee:** \$120, payable by check for USA, **NON-MEMBER Fee:** \$145.



Making your own feast for the eyes and the mind – this class is designed to ignite your imagination and get your fingers moving to create your own special magic on the page. Each class will start with a little Show and Tell, and then move on to making friends with the blank page in front of you. We'll start with the basic tools I use in my journals – pens, pencil, and watercolor – and as the weeks progress, I hope you'll add your own favorite tools and colors. You don't have to be an expert at drawing or lettering or layout to take this class. Each of us will start right where we are, and learn by doing. The most important thing to bring to class is your willingness to pour out your heart on to the page. It is that, more than your artistic skill, which will give your journal its value, and make it uniquely yours.

### Supply List

- A sheet of Arches Text Wove or watercolor paper cut into eighths or a journal with paper suited to wet media (meaning it won't bleed or soak through)
- 0.5mm mechanical pencil and a good eraser – Mono Zero is one I like.
- Ruler
- Watercolors – any old pan set will do!
- Kemper Fluid Writer (Amazon has them). There are two sizes available – either is fine, but the larger one might be easier to work with.
- Pointed pen of your choice – just not super sharp. Nikko G, EF66, Globe pen...whatever you already have. If you don't use pointed pens, you could also use a Speedball B6 or a Brause 1mm or smaller.
- Pointed brush – size 2 or larger
- Waterproof black pen: Black Pigma Micron 01 or 005 or similarly sized Copic Multiliner or Platinum Carbon Pen
- UniBall Signo White gel pen or Sakura Gelly Roll
- water container
- Gel pens, if you have some. If you don't and want to get some, I like the Sakura Moonlight 06 series and UniBall Signo brands, because they color well and come in small line widths.



## Non-Member Registration Form for Nancy Hays Hills Workshop

If you're interested in taking this workshop, send the following information to [gvcalligraphy@gmail.com](mailto:gvcalligraphy@gmail.com). Checks are preferred, but if you wish to use PayPal, please indicate that in your message. The mailing or PayPal instructions will be sent to you.

Non-member registrations will be accepted beginning December 1st.  
**Class size is limited to 25.**

(Questions? Email [gvcalligraphy@gmail.com](mailto:gvcalligraphy@gmail.com))

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_ Phone Number: \_\_\_\_\_

